

# At-A-Glance

## Travel Preparedness Kit

Although extra space in your vehicle may be limited, there are certain items that can come in handy should an emergency occur while traveling. Here are some tips and items to consider when organizing your Travel Preparedness Kit.



### ***A good Travel Preparedness Kit should contain...***

- Jumper cables.
- Flashlights and extra batteries.
- First aid kit and necessary medications in case you are away from home for a prolonged time.
- Food items containing protein such as nuts and energy bars; canned fruit and a portable can opener.
- Water for each person and pet in your car.
- AM/FM radio to listen to traffic reports and emergency messages.
- Cat litter or sand for better tire traction.
- Shovel and ice scraper.
- Warm clothes, gloves, hat, sturdy boots, jacket and an extra change of clothes.
- Blankets or sleeping bags.



**If you are stuck in a car during a snowstorm, the safest thing to do is stay in your car and wait for help.**

### ***Also consider...***

- A fully-charged cell phone and phone charger.
- Flares or reflective triangle.
- Baby formula and diapers if you have a small child.
- Be prepared for an emergency by keeping your gas tank full and if you find yourself stranded, be safe and stay in your car, put on your flashers, call for help and wait until it arrives.

Sources: Federal Emergency Management Agency (FEMA)



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